



Pratheeksha



Biannual Newsletter of Little Flower Province, Bangalore

Volume 8, Special Issue I - January – March 2025



Grace in our Midst



Editorial

GRACE IN OUR MIDST

With immense joy and gratitude, I present to you this **special edition** of our Province magazine, *Grace in Our Midst*. This issue is dedicated to the deeply enriching and grace-filled experience of the Canonical Visitation of our beloved Superior General and the General Councillors to the Little Flower Province, Bangalore, in February 2025. It was a moment etched in the heart of our Province — not only because of the canonical nature of the visit, but more so because of the extraordinary manner in which it was carried out.

Breaking away from the usual tradition, this time, our Superior General and all the General Councillors came together as one body to be with us, to listen, to guide, and to animate. Their united presence was not only a sign of communion but also a profound expression of the maternal care and solicitude of the Congregation's leadership toward the Province. Unlike in other visitations where delegation would suffice, this full presence was a visible gesture of love, trust, and solidarity with our mission, communities, and apostolic engagements.

The days of visitation were marked by prayer, listening, dialogue, and discernment. Their presence in our communities was gentle yet powerful — rekindling the spirit, affirming the good, challenging the stagnant, and inviting us to greater fidelity. The subsequent meetings with the Provincial Council and all the Superiors of the Province added further depth and direction. Every session was a moment of grace — a space where the Holy Spirit stirred our hearts, opened our eyes, and whispered new dreams.

Truly, for the Little Flower Province, this time was nothing short of a new Pentecost. Like the early Church, we too experienced the Spirit moving among us through the words, presence, and animation of our leaders. We were renewed in our consecration, reawakened in our charism, and refreshed in our call to mission. Their messages resounded with clarity, compassion, and conviction, reminding us who we are and what we are called to become.

As you turn the pages of this magazine, may you relive the joy, the inspiration, and the transforming grace of those sacred days. Let this issue not merely be a documentation of events, but a living testimony to the truth that **Grace is truly in our midst**. May it continue to bear fruit in our lives, communities, and apostolates.

With prayerful regards,
Sr. Jessy Jacob
Editor

Message from Provincial Superior

Dear Sisters,

With hearts still burning from the grace-filled days of the Canonical Visitation, I greet you with deep affection and gratitude. The theme of this special edition, *With Hearts Aflame*, reflects not just the spiritual warmth we received during those sacred days, but also the renewed passion we are called to carry forward. The visitation of our Superior General and the General Councillors to our Province was not a mere administrative act, but a divine visitation — a moment when the Lord walked among us through His chosen instruments.



Throughout the history of salvation, God has revealed Himself through shepherds who carry His heart. Jesus, the Good Shepherd, did not only teach; He walked, listened, healed, and laid down His life for His own. The Apostles, guided by His Spirit, continued His mission — strengthening the early Church through presence, communion, and encouragement. Our Blessed Mother, the first disciple and model of silent, steadfast leadership, carried the fire of faith in her heart, offering it to the Church at Pentecost. So too, our beloved Founder, Bishop Stephen Ferrando, with missionary zeal and deep compassion, became a flame in the darkness — founding our congregation to carry Christ to the peripheries.

In the footsteps of these great leaders, our Superior General and her Councillors came to us — not with authority alone, but with love, humility, and the fire of the charism. Their presence in our Province was a sacred reminder that we are not alone; we belong to a larger family that walks together. They stood among us as servants of communion, discernment, and hope. Their words were not instructions from above, but inspirations rooted in lived experience and Gospel conviction.

In a special way, I wish to speak a word of appreciation and encouragement to all our superiors — the silent pillars of our communities. Your role is sacred. You are called not merely to administer, but to shepherd, to animate, to be the first to love and forgive, to guard the charism, and to keep the fire burning. Like Mary at Cana, who noticed the need and acted decisively; like Peter, who strengthened his brothers; like our Founder, who journeyed tirelessly — your leadership is a blessing to our communities and to the entire Province. You are chosen to be the heart and hearth where unity, love, and mission are kept alive.

Dear Sisters, let us not allow this visitation to pass by as an event of the past. Let us together carry the light we have received — with fidelity, humility, and missionary courage. Let every community become a Cenacle where hearts are aflame.

With sincere gratitude to Mother Christiene and General Councillors,

Yours in Christ,
Sr. Tessa Joseph
Provincial Superior

NEWS FROM THE PROVINCIAL HOUSE

A SHEPHERD'S GAZE

We had the grace of participating in the Superiors' Animation Programme on the 26th of February 2025, animated by our beloved Mother General, Sr. Christiene Mynsong, along with the General Councillors. The session was a true moment of enlightenment and renewal, especially for those entrusted with the sacred responsibility of leadership in our communities. With maternal affection and spiritual depth, Mother spoke to the superiors heart-to-heart, rekindling in us the fire of servant leadership and deepening our commitment to community life.

MESSAGE OF MOTHER CHRISTINE MYNSONG

In her message to the superiors, Mother Christine expressed her deep appreciation for the sisters of the Province for living the charism and spirit of the Congregation with dedication and joy. She emphasized that prayer and authority are the two pillars on which moral authority rests. A superior is not merely a coordinator but the heart of the community — a presence that gives warmth, direction, and spiritual energy. She asked a thought-provoking question: *“When we are absent from the community, do our sisters feel our absence? And do we feel theirs?”* We are called to be homemakers, not just administrators.

Mother quoted Don Bosco's words to the young — *“It is enough that you are young and I love you.”* She urged that this same affection and unconditional love should be reflected by superiors toward their sisters. We are called to be hope-givers, women who can light up a community with encouragement, trust, and joy. *“I am different, and so are others,”* she reminded us. Therefore, we must *learn to learn* — to grow in understanding and embrace the uniqueness of each member.

Quoting Matthew 20:20, Mother said, *“For a leader, if you want to be first, you must be the servant. You have to be last.”* Superiors are called to be servant leaders — embodying humility, the willingness to serve, and putting others' needs before their own. A superior is entrusted with the safeguarding of the community, and her role is rooted in deep concern and compassion for the welfare of each sister.

Referring to Article 46 of our Constitutions, she said, *“Community life is fundamental to religious life. Avoid everything that goes against the community spirit. Be faster in charity.”* She urged us to remember that *“nothing more adorns a sister than living a life of sanctity.”* We must rise above background biases and create a culture of respect, unity, and prayer. Each community should be a welcoming space, radiating the warmth of Christ. Superiors, she affirmed, must be **non-negotiable**, firm and unwavering in their values—standing strong in convictions that uphold the spirit and discipline of religious life. They are called to cultivate a deep, personal, and communal rhythm of prayer that flows from their relationship with God and becomes a source of inspiration for others.

Mother invited the superiors to become deeply spiritual persons — to read and reflect on the Constitution, General Chapter (GC), and Provincial Chapter (PC) policies regularly. As superiors, we have a personal responsibility for the growth and well-being of each sister in our community. Cultivating moderate silence, respecting others' views, developing communication skills, and deepening self-awareness are vital. The senior sisters, she said, must become the *joy of our communities*, sharing their wisdom with gentleness and grace.

For our sick and elderly sisters, Mother reminded us of a beautiful truth — that *“accepting sufferings for the love of Christ and the sanctification of souls becomes another form of apostolate.”* She exhorted us to embody servant leadership, to lead with humility, and to create communities where every sister feels seen, valued, and loved.

She concluded by affirming: *“Community is my passion... You are vested with authority to serve. Each community is the face of the Congregation.”* Our spirituality is simple but profound, she said, and so we must live it *“All for Jesus... Always more and always better”*, echoing the words of our beloved Founder, Bishop Stephen Ferrando



Mother and General Councillors with the Provincial Team and Superiors

MESSAGE OF REV. SR. MARY THADAVANAL, ASSISTANT GENERAL

“To be like Christ in Life and Mission”.

Sr. Mary began her message with a question that pierces the heart: “Do we believe in God?” Quoting 2 Maccabees 8:18, she reminded us: *“For they trust in arms and acts of daring, but we trust in the Almighty God, who is able with a single nod to strike down those who are coming against us.* That same God is here among us, she said. If we become like Moses, nothing will happen to us. The protection of God is assured to those who trust in Him wholly.

Reflecting on Genesis, she pointed to the fall of Adam and Eve: *“Their eyes were opened, and they found they were naked.”* This happened when they listened to the devil — and, she warned, the same dangers of deception and disobedience are present even today. If Jesus prayed so much, how much more are we, weak and limited, in need of prayer? Prayer is our lifeline — our strength and our safeguard.

Sr. Mary beautifully articulated our religious vocation as a divine call to proclaim the Good News and to be engaged in doing God's will. She urged each one to *fall in love with Jesus*, saying, *“I have found Him. This world means nothing to me.”* When we are in love with Christ, everything else fades in comparison. She challenged superiors especially, saying: “Superiors should give many saints to the Congregation.” This is our mission — to form holy women who reflect Christ. Give your 100% — without reservation or delay. The Spirit is always alive. Feed it daily with prayer, fidelity, and formation.

Sr. Mary exhorted all to read the Constitution every day, to do proper documentation, to obey Church laws, and to remain faithful also to civil authority. These are not burdens, but marks of a well-rooted religious life. She added a gentle but powerful reminder: “The real reason for our death should be love.” A life poured out in love is a life well lived. She also gave practical spiritual reminders: Sprinkle holy water often, keep it in your room, read the Word of God every day, and let the love of Christ permeate even your smallest actions. She gave us a vision of deep community life: *“Religious call is a gratuitous gift of God, and we have responded. We will experience miracles when there is love among us in the community.”*



MESSAGE OF REV. SR. SISILY CHERIAN, GENERAL COUNCILLOR FOR FORMATION

Empowering the Young in Mission: A Community's Responsibility

To be a Superior is a noble task. It is a sacred responsibility that blends the role of a mother, a sister, a friend, and a guide. The question before us is: *How can we follow and accompany our young sisters in the mission of the community?* And more importantly, *what can we do to make our communities more apostolic, joyful, and effective in the mission?*

1. Nurturing Spiritual Life: The Heart of the Mission

A Superior must place prayer at the centre of community life — both personal and communal. We must give serious attention to personal prayer, not merely as routine, but as a relationship that transforms. She beautifully compared prayer to: *"A butterfly gently sitting on a flower."* Quoting Mark 3:13-14, she reminded us of Jesus' call to the apostles: *"He went up on the mountain and called to him those he wanted, that they might be with him, to send them out, and to cast out demons."* Being with Him is the first and deepest call before any mission. A Superior must ensure space and support for the sisters' spiritual growth and transformation.

2. Animation through Accompaniment

The main duty of the Superior is animation. Animation is not control — it is about personal accompaniment, not common corrections. It is walking with each sister, understanding her, and nurturing her. One must encourage regular and systematic reading of the Word of God, ideally 2 to 3 chapters a day, and always read with an intention — let the Word touch and shape you.

Superior should also initiate monthly friendly talks with each sister. These conversations should touch upon health, prayer life, apostolic engagement, and allow space for sincere dialogue and guidance. This is spiritual direction in its simplest and most personal form.

3. Building Community with Empathy and Trust

In community life, empathy is key. It builds understanding, heals wounds, and creates bonds of sisterhood. The Superior must foster an attitude of gratitude, model forgiveness as non-negotiable, and cultivate a spirit of trust and surrender. We must believe that: *"All things work together for good for those who love God."* This trust opens the door to joy, resilience, and deeper communion.

4. Effectiveness in Mission: Through Love and Example

Referring to our beloved Founder, Bishop Stephen Ferrando, Sr. Sisily reminded us how many priests and catechists did not accept him initially. Yet, he approached them with a spirit of forgiveness and a smile — the true missionary heart. His perseverance and charity bore fruit.

She asked us to reflect: *"How is a pearl made?" Only when it goes through the irritation of the oyster does it emerge as a pearl.* So too, the trials we face shape us into something precious. Our sisters are the most treasured possessions of the Congregation — and our mission is to accompany them with love, especially the young ones, guiding them to grow strong in spirit and effective in mission.



MESSAGE OF REV. SR. BRIGIDA DIENGDOH, GENERAL COUNCILLOR FOR EVANGELIZATION

Evangelization: A Mission Entrusted to Us

Sr. Brigida began by reminding us that evangelization is the very identity and mission of every MSMHC. It is not merely about doing, but about being a witness to the Gospel in all aspects of life. She outlined the various methods of evangelization that we are called to embrace with renewed zeal:

- Preaching the Word with clarity and conviction
- Witnessing through a life rooted in Gospel values
- Deep prayer, as the source of strength and discernment
- Sacrifices and penance, offered silently for the salvation of souls
- Digital evangelization, making Christ known in the digital world

She emphasized that a witnessing life is at the heart of evangelization. What we live often speaks louder than what we say. The effectiveness of our mission depends on the authenticity of our lives.

The Role of Superiors in Evangelization

Sr. Brigida placed particular emphasis on the responsibility of the Superior in the evangelizing mission of the community. She said: *“The whole mission is entrusted to the care of the community under the guidance and leadership of the Superior.”*

It is the Superior who must see and respond to the needs of the baptized, discern opportunities for evangelization, and ensure the community stays faithful to this mission. Prayer and work must go hand in hand — rooted in contemplation, and expressed in action.

Superiors are called to:

- Plan concretely for evangelization
- Have a passion for sharing the Gospel
- Create an atmosphere of evangelization within the community
- Promote a strong missionary spirit among the sisters

They are also encouraged to start or activate YAC (Young Apostles of Christ) and WAC (Women Apostles of Christ) in their mission areas. This year marks the Jubilee Year of the Formation of WAC — a moment of grace and recommitment.

She urged every community to focus on their assigned FOCUS VILLAGE, nurturing and maintaining it as a living mission field entrusted to us by God and the Church.

Living the Mission with Conviction

Sr. Brigida concluded by stressing that witness of life is not optional, but essential for us MSMHC. Through our prayerful and apostolic lives, we bring Christ to the world. Evangelization is not a task assigned to a few — it is the collective and daily mission of each community, led by a Superior who is rooted in prayer, vision, and missionary zeal.



MESSAGE OF REV. SR. LIZA ELAVUNKAL, GENERAL COUNCILLOR FOR SOCIAL APOSTOLATE

“Agents of the Beatitudes in Mission”

Rev. Sr. Liza Elavunkal began her message by observing with joy the growing interest in the Word of God within the Congregation. She emphasized that reading the Bible brings strength, peace, healing, and deep love for Jesus. Often, she said, when you sincerely seek, *“you receive answers through the Word.”* All of it nourishes and directs us for the mission.

She invited every sister — especially the Superiors — to immerse themselves in the Beatitudes, found in *Matthew 5:1–5*, and to become living agents of the Beatitudes in their communities and missions. She reminded us that *“Everyone has to be blessed in the community.”*

Living the Beatitudes: A Path for Superiors

Sr. Liza reflected on each Beatitude, drawing deep spiritual insights and practical calls for action:

- **Poor in Spirit:** *Let go of ego.* True poverty is interior — a humility that allows space for God and others.
- **Those who Mourn:** We witness much suffering, but mourning should lead to **compassionate action**, not despair.
- **The Meek:** While not expanded here, she implied the strength of controlled power, patience, and inner steadiness.
- **Hunger and Thirst for Righteousness:** A longing for justice, truth, and what is right must burn within us.
- **Gentleness:** She quoted, *“Nothing is so strong as gentleness.”* In leadership, gentleness transforms and heals.
- **The Merciful:** Mercy should flow through **spiritual and corporal works of mercy**. Superiors must model this compassion in everyday life.
- **Pure in Heart:** Purity of heart fosters clarity of intention and authentic love for God and neighbour.
- **Peacemakers:** Building peace in community is a sacred responsibility — especially in times of misunderstanding.
- **Persecuted for Righteousness' Sake:** Superiors are called to be **wounded healers**, standing firm with love even when misunderstood or hurt.

The Superior as a Witness of the Gospel

Sr. Liza encouraged the Superiors to embrace the Beatitudes not just as ideals, but as daily realities to be lived out in leadership and mission. When Superiors embody these attitudes, they become beacons of hope, healing, and strength in their communities and apostolates.

In conclusion, she urged every Superior to become a visible sign of the Kingdom of God, a leader shaped by the Word, moved by compassion, and rooted in the Gospel values of simplicity, mercy, and peace. *This is how we become true missionaries — agents of the Beatitudes.*



MESSAGE OF REV. SR. KATHERINE JOSEPH, GENERAL COUNCILLOR FOR EDUCATION

“Take One More Step Higher.”

Sr. Katherine began her message with a passionate call: *“Take one more step higher in building your communities.”* She exhorted the Superiors not to settle for mediocrity or repetition. *“Superiors should not be carbon copies of yesterday. It was like that before, but it has to change now. If you are a carbon copy, it marks the downfall of a leader.”* She reminded us of God's promise in Revelation 21:5: *“Behold, I make all things new.”* Let this newness be visible in our communities — not by chance, but through reflection, planning, and intentional effort.

To create vibrant and high-performing communities, she proposed Ten Foundational Pillars.

10 PILLARS FOR BUILDING HIGH-PERFORMING COMMUNITIES

1. **Culture of Accountability:** Raise the standard of life — personally and communally. Accountability must flow from the Provincial to the Superior, and from the Superior to the members. The Superior is responsible for nurturing both personal and group accountability.
2. **Creating a Sense of Belongingness:** *“Like an advocate, you are vested with the power to do it.”* Each Superior must foster a space where every sister feels accepted, valued, and at home in the community.
3. **Act Like a Mentor:** Be more than a manager. Train, guide, and animate your sisters. Use community meetings, conferences, and good night thoughts as formative moments. *“Take one step ahead, act in time and on time.”*
4. **Decision-Making Ability:** Make wise decisions at the right time. Do not fear taking decisions. Understand the levels of decision-making and respect them. Leadership is about courage and clarity.
5. **Right to Expression:** Every sister deserves to be heard. Give space and time for expression. *“Do not give away your right like Esau did to Jacob.”* Encourage openness, dialogue, and trust.
6. **Continuous Improvement in Reflection and Mission:** Call your community together regularly to review and renew the mission. Formulate strategies for improvement. For example, understand the functioning of your school, gather feedback, and take it positively.
7. **Proper Documentation:** Ensure all records are up to date — whether community meetings, apostolic activities, or house council minutes. For in-house council meetings, only major decisions need to be recorded.
8. **Be Humble:** Though unspoken in detail, humility is the silent strength of a true leader. It opens the heart to God's guidance and keeps a community united.
9. **Be Generous in Appreciation:** Acknowledge the good in your sisters. *“Make sure you are very generous in appreciation.”* Gratitude builds morale and deepens relationships.
10. **Stay Committed to Core Values:** *“Never lose sight of your charism, spirit, and traditions.”* They are the spiritual backbone of our identity and mission.

Sr. Katherine concluded by encouraging every Superior to become an agent of transformation — creating communities that reflect the joy of the Gospel, the strength of our charism, and the warmth of sisterly love.



MESSAGE OF REV. SR. DAISY JACOB, ECONOMER GENERAL

“Fostering responsibility, transparency, and accountability”

Rev. Sr. Daisy Jacob emphasized that the right use of resources in a religious community must always be guided by our Constitution, prayer, and a deep spiritual life. She reminded us that a sincere and disciplined approach to finances flows naturally from a heart rooted in God.

Quoting Article 208 of our Constitutions, she reiterated that the Superior is responsible at all levels—not only in the spiritual animation of the community but also in administering all matters entrusted to her. This leadership responsibility must be exercised with prudence, integrity, and faith.

“Seek the will of God in your decisions,” she said. “And who will take the community to God? The Superior.”

To carry out this responsibility effectively, Sr. Daisy offered practical and spiritual guidelines:

1. Call the house council regularly and discuss community matters in the presence of the Lord.
2. Reflect deeply on the Word of God:
 - *Ephesians 5:17*: “Understand what the will of the Lord is.”
 - *Hebrews 10:36*: “Be patient in doing the will of God.”
 - *Mark 3:35*: “Whoever does the will of God is my brother, sister, and mother.”

She stressed that fidelity to our apostolate and stewardship of resources require exactitude and zeal in fulfilling one's duties. This includes being attentive to even the simplest aspects of community life — the kitchen, the garden, and the environment we live in.

She called upon every community to contribute generously to the Province, not only in material terms but in spirit, time, and dedication. In doing so, we share in the collective mission of the congregation.

Finally, Sr. Daisy reminded the Superiors of their duty to form the right conscience among the members of the community — fostering responsibility, transparency, and accountability.

A deep spiritual foundation, combined with wise discernment and faithful administration, is the hallmark of a superior who truly lives her mission.



NEWS FROM PUSHPA SADHAN, KENGRI

CANONICAL VISITATION OF SUPERIOR GENERAL

The community of Pushpa Sadan, Kengeri, experienced a time of grace during the Canonical Visitation of Superior General Rev. Sr. Christine Mynsong from February 14–17, 2025. She was warmly welcomed with songs, a bouquet, and traditional honors, reflecting the joy and fraternity of the community.

In her address, Sr. Christine spoke on religious vocation as a divine calling, quoting John 15:16—"It is not you who chose me, but I who chose you." Acknowledging the challenges of consecrated life, she reassured the sisters with Isaiah 62:2-4:

"You shall be a crown of beauty in the hand of the Lord... You shall no more be termed 'Forsaken,' but you shall be called 'My Delight is in Her.'"

She encouraged perseverance through prayer, the Word of God, the Sacraments, and fidelity to the constitutions, reminding them that their dedication brings joy to the Lord. The visitation was a moment of spiritual renewal, strengthening their mission as Pilgrims of Hope.



GATHERING OF ECONOMERS: STEWARDING RESOURCES FOR MISSION

A meeting of the Economers of the Karnataka Zone was held at Pushpa Sadan on 24th February 2025. The session was animated by **Rev. Sr. Daisy Jacob**, the General Economist, and **Sr. Jessy John**, the Provincial Economist. The meeting focused on strengthening financial transparency, accountability, and effective resource management in line with the spirit of our Constitutions. Participants also discussed common challenges and shared best practices to enhance the economic stewardship of each local community.



SHARED VISION, SHARED MISSION: MEETING OF GENERAL AND PROVINCIAL COUNCILS

On 25th February 2025, a meeting was held between the General Councillors and the Provincial Council Team at Pushpa Sadan, Kengeri. The gathering provided an opportunity to share updates, and discuss key concerns and developments across the province. The collaborative spirit and mutual openness enriched the dialogue and strengthened the bond between the Generalate and the Province.



Mother and General Councillors with the Provincial Team

Skating Championships – A Proud Moment

Our students brought glory to the school by excelling in two prestigious skating events. On **18th January 2025**, they participated in the **State-Level Inter-School Roller Skating Championship** at Kittur Rani Chennamma Stadium, Bengaluru, and won several prizes despite limited practice.

Again, on **15th February 2025**, they competed in the **Bangalore Inter-School Championship** at Aradhana Academy, securing the **overall championship trophy** among eight schools.

Hearty congratulations to all our young skaters for their dedication and success!



Superior General's Visit – A Day to Remember

On **February 17, 2025**, our school joyfully welcomed **Mother General Sr. Christine Mynsong** for her canonical visitation, accompanied by **Provincial Sr. Tessa Joseph**. Greeted with Karnataka's traditional welcome, they were warmly received by students showering flower petals.

A special program themed "**The Theresians on the Path of Hope**" was presented, during which Mother General awarded prizes, especially to our skating champions, and delivered an inspiring message on love, discipline, and responsible citizenship.

She later interacted with teachers, appreciating their vital role in shaping young lives and shared valuable insights on child development. The day concluded with a fellowship meal for all staff, leaving the school community deeply enriched and inspired.



FERRANDO CONVENT, KGF

CANONICAL VISITATION OF SUPERIOR GENERAL

We were truly blessed to welcome our beloved Mother General, Sr. Christine Mynsong, for her first canonical visitation to our KGF community from 4th to 7th February 2025. She was accompanied by our Provincial Superior, Sr. Tessy Joseph, and Sr. Assunta Noronha, Vice Provincial. From the moment of her arrival, Mother joined us wholeheartedly in all our spiritual practices, praying with us in community and participating in the Eucharist, devotions, and other acts of piety. Her presence among us was prayerful, warm, and encouraging. During the individual meetings, she listened to each sister with compassion, sharing in our joys and apostolic responsibilities, and offering us her maternal support. Through her opening conference, she motivated us to continue our journey with renewed faith and trust in God. She also appreciated the unity, mutual care, and vibrant community life we strive to live, and acknowledged the careful maintenance of records and the deep sense of family spirit within our community.

Mother addressed the students of **St. Teresa's School**, under the Archdiocese of Bangalore, where we are privileged to serve, highlighting the holistic nature of education that encompasses intellectual, emotional, physical, social, and spiritual growth. She later interacted with the students of **St. Teresa's Girls' PU College (Grades XI–XII)**, encouraging them to remain focused, make wise choices, and believe in their unique potential. She appreciated their enthusiasm and was touched by their openness. Mother also met Rev. Fr. Antony Pravin Rajan, the manager of the school, and Rev. Fr. Antony Milton, the assistant parish priest. She was pleased to receive positive feedback regarding our presence and service, and Fr. Pravin expressed his gratitude for the dedication and contribution of the sisters to the school and parish community. On the final day, 7th February, Mother offered a deeply inspiring conference on the theme **“To Be a Blessing”** (Genesis 12:2–3), inviting each of us to be a blessing to the church, society, and the nation, and to draw strength from our devotion to the Blessed Virgin Mary. We are deeply grateful for her prayerful presence, her joyful participation in our life and mission, and the encouragement she gave us to continue growing in fidelity to our charism. We remain committed to living out her recommendations with love and responsibility, as we carry forward the mission entrusted to us.



OFFICIAL VISIT TO ARCHBISHOP PETER MACHADO

On 15th February 2025, Rev. Mother Christine Mynsong along with Sr. Tessy Joseph, Provincial Superior, and Sr. Jessy Jacob, Provincial Councillor for Education, paid an official visit to His Grace Archbishop Peter Machado, Archdiocese of Bangalore. The meeting focused on discussions regarding the ongoing mission in KGF and the possibility of initiating a pastoral ministry for Manipur migrant students in Bangalore. Responding to the growing need, the Archbishop had previously expressed interest in beginning this ministry and had requested a meeting with Mother Christine to explore the possibility of assigning two Manipuri sisters for this important mission.



FERRANDO CONVENT, MYSORE

CANONICAL VISITATION OF REV. SR. MARY THADAVANAL, DELEGATE OF SUPERIOR GENERAL

The Mysore community was blessed to receive Sr. Mary Thadavanal, Assistant General of the MSMHC, for her canonical visitation from 15th to 23rd February 2025, as delegated by Mother General Sr. Christine Mynsong. From her warm arrival and welcome to her heartfelt farewell, Sr. Mary's visit was a time of spiritual renewal, guidance, and encouragement. She actively joined the community in all spiritual exercises, leading prayers, meditations, and adorations, and gave personal time to each sister through conferences and individual meetings. She appreciated the unity, discipline, and spiritual atmosphere of the house.

During her stay, Sr. Mary visited the Musambinahalli land, study house, FCVT, and Christ College. At FCVT, she interacted with staff and students, appreciating their hard work and encouraging excellence. She also met benefactors and participated in meals hosted by the Don Bosco Fathers, reinforcing communal bonds. A pilgrimage to St. Anthony's Basilica, community outings, and cultural events added joy and depth to her visit. Her concluding address inspired the sisters to be faithful to their call, remain rooted in the charism of Bishop Stephen Ferrando, and grow in their commitment to religious life. Her presence left a lasting impact on the entire community.



DEEPANJALI GIRLS' HOSTEL, PRAKASHAPALYA

CANONICAL VISITATION OF REV. SR. MARY THADAVANAL, DELEGATE OF SUPERIOR GENERAL

The canonical visitation of Deepanjali Girls' Hostel was joyfully carried out by Rev. Sr. Mary Thadavanal, Assistant General, who arrived in our community on the morning of 10th February 2025. The formal visitation began on 11th February and concluded on the 14th. We are deeply grateful to Sr. Mary for her presence, which brought abundant spiritual blessings upon our community and mission.

Her visit was marked by warmth, encouragement, and renewal. She gave ample time to each sister, listening with care and understanding. Her interaction with our hostel girls was especially appreciated, leaving a lasting impression on their young hearts. Those days were truly moments of grace—strengthening our commitment and renewing our spirit in the presence of our Founder, Venerable Stephen Ferrando, and Mary Help of Christians. We, the community members—Sr. Rupa Lakra, Sr. Jyoti Minj, Sr. Monisha Wari, Sr. Lucky Rose (who was with us during the visitation)—along with all our hostel girls, thank God and Sr. Mary for the joy-filled and grace-filled moments we shared.



MARIA SADAN, YADGIRI

CANONICAL VISITATION OF SUPERIOR GENERAL

We, the Sisters and the Boarding Girls of Maria Sadan, Yadgir, along with the Don Bosco Fathers and the Boarding Boys, had the joy and privilege of welcoming Rev. Sr. Christine Mynsong, our beloved Superior General, for her Canonical Visitation from 10th to 13th February 2025. Her gracious presence among us brought much joy, inspiration, and a deep sense of spiritual renewal to our community. During her stay, Mother took time to personally meet each of us, listening attentively, guiding us with wisdom, and encouraging us in our religious commitment and apostolic responsibilities. Her inspiring conference, filled with spiritual depth and practical insights, enriched us greatly and challenged us to live our consecrated life more authentically. Her simplicity, availability, and motherly affection touched our hearts, and we experienced in her the presence of our founder, Venerable Bishop Stephen Ferrando, and Mary Help of Christians. Her appreciation for our community spirit, involvement in the mission, and care for the boarding girls strengthened our zeal and commitment.

One of the most memorable moments of her visit was the outing on 12th February to the serene Bhima River and the historic Yadgir Fort. It was a beautiful time of bonding, relaxation, and shared laughter, allowing us to experience Mother's warmth and simplicity more closely. Her visit continues to inspire us in our mission and community life.



DON BOSCO CONVENT, RAVULAPALEM

CANONICAL VISITATION OF REV. SR. BRIGIDA DIENGDOH, DELEGATE OF SUPERIOR GENERAL

We, the sisters of Don Bosco Convent, Raulapalam, count it a singular blessing and privilege to have received Rev. Sr. Brigida Diengdoh, General Councillor for Evangelization, for the Canonical Visitation from 18th to 24th February 2025. Her gracious presence among us brought warmth, wisdom, and missionary fervor, and her visit will remain etched in our hearts as a time of spiritual renewal and encouragement.

During her stay, Sr. Brigida conducted two meaningful conferences for the community. With depth and clarity, she reflected on the true meaning of evangelization and community life, reminding us that our life itself must be a proclamation of the Gospel. Sr. Bridget met each sister individually, listening with motherly concern, offering encouragement, and gently guiding us in our religious journey. Her personal accompaniment was marked by respect, empathy, and a deep spiritual insight that touched our hearts. Together with us, Sr. Brigida prayed in the chapel, participated in community prayers, and joined us at the Eucharistic table. Her reverence, silence, and inner communion with the Lord uplifted our spirits and reminded us of the power of prayer in sustaining our mission. She also emphasized the need for regular prayer and Scripture reading as the foundation for a fruitful apostolic life.

She also made time to be with our boarding children, spending moments in prayer, interaction, and joyful sharing. Her gentle, loving demeanor made the children feel seen and valued. She addressed them with affection, encouraging them to grow in faith, discipline, and love for learning. Her words left a lasting impression on their young hearts, and her maternal presence brought light and joy to the boarding. In conclusion, the Canonical Visitation of Sr. Brigida Diengdoh was a true moment of grace for our community. Her conferences, personal guidance, and prayerful presence rekindled our missionary zeal and deepened our sense of belonging to the Church and to the Congregation. We are truly grateful for her visit, which has renewed not only our community life but also the mission we carry out.



SPECIAL VISIT BY REV. SR. LIZA ELAVANKAL

In 2025, Don Bosco Convent, Ravulapalem, was graced with a special blessing through the visitation of our esteemed higher superiors. We had the joy and privilege of welcoming Rev. Sr. Liza Elavankal, General Councillor for Social Apostolate, and Sr. Mary George, Provincial Councillor for Social Apostolate, on the 23rd and 24th of January 2025.

The entire community—sisters, boarding girls, teachers, and students—came together to offer them a warm and solemn welcome. Their presence brought joy, inspiration, and a renewed sense of commitment, making this visitation a truly memorable and enriching experience for all.



SURAKSHITHA HOME, RAVULAPALEM

CANONICAL VISITATION OF REV. SR. LIZA ELAVUNKAL, DELEGATE OF SUPERIOR GENERAL

On 24th January 2025, Surakshitha Home, Ravulapalem, was blessed with the visitation of Rev. Sr. Liza Elavunkal, General Councillor for Social Apostolate, accompanied by Sr. Mary George, Provincial Councillor for Social Apostolate, Bangalore Province.

During her visit, Sr. Liza took time to interact meaningfully with the girls and women in distress residing in the home. She offered words of encouragement and motivation, inspiring them to grow into responsible and empowered citizens of society.

She also held a meeting with the management and staff, during which she thoroughly verified the records and documentation of the institution. Deeply impressed by the dedicated service rendered to the vulnerable, Sr. Liza expressed her appreciation for the good work being carried out. She encouraged the team to continue their mission with zeal and compassion, reaffirming the congregation's commitment to the marginalized and suffering.



ST. JOSEPH'S CONVENT, EMANI

CANONICAL VISITATION OF REV. SR. SISILY CHERIAN, DELEGATE OF SUPERIOR GENERAL

From 16th to 20th February 2025, St. Joseph's Community, Emani, was blessed with the canonical visitation of Rev. Sr. Sisily Cherian, General Councillor for Formation. She was warmly welcomed with a bouquet and shawl, and the sisters wished her a joyful and grace-filled stay.

Her visit provided a meaningful opportunity to reflect on personal, community, and missionary life. Through her insightful conference, Sr. Sisily guided the community to discern God's will more clearly, revitalize their religious commitment, and strengthen interpersonal relationships.

On 18th February, she met the teaching staff of the school, appreciating their dedication and encouraging them to be role models through their lives. On 19th February, the students welcomed her with a vibrant dance and cultural performances. She, in turn, inspired them with a creative story on the importance of different colors.

Her ability to listen deeply and understand the realities of the community was truly commendable. The visit rekindled the spiritual zeal of the sisters, and the community remains deeply grateful for the blessings Sr. Sisily brought.



Class X Farewell

On 27th February 2025, St. Joseph's EMHS, Emani, bid farewell to the Class X students with a meaningful and memorable Wishing Well Day. The event began with a Holy Eucharistic celebration, invoking God's blessings on the outgoing batch. Inspiring messages were shared by the Manager, Rev. Sr. Bridget Jacob, and Principal, Sr. Sharon Packumala.

A short cultural program by junior students, including dances and songs, added joy to the occasion. As a token of love, the management gifted writing materials and a framed group photo to each student. The day concluded with warm wishes and a shared festive meal.



UKG Graduation Day

St. Joseph's EMHS, Emani, celebrated UKG Graduation Day on 7th March 2025 with joy and pride. The little graduates looked vibrant in their gowns, ready to begin a new journey. The event began with the lighting of the lamp by the Manager, Principal, and class teachers. Children shared their learning experiences and delighted the audience with cheerful performances. The celebration ended with a photo session and happy smiles all around.



ST. MARY'S CONVENT, PASARA

CANONICAL VISITATION OF REV. SR. LIZA ELAVUNKAL, DELEGATE OF SUPERIOR GENERAL

Rev. Sr. Liza Elavunkal, General Councillor for Social Apostolate, made her canonical visitation to **St. Mary's Convent, Pasara**, bringing joy, encouragement, and spiritual renewal to the community. She was warmly welcomed by the community members **Sr. Maria Manmadha** and **Sr. Solly Thyparambil**, Parish Priest **Rev. Fr. Shravan Kumar Mettu**, **Ms. Padma**, and a few **Women Apostles for Catechesis (WAC)** from Pasara. As a mark of respect and affection, she was felicitated with a shawl and a flower bouquet.

During her stay, Sr. Liza personally met each sister of the community, listening with empathy, offering guidance, and encouraging them in their religious commitment and apostolic mission. These personal interactions were deeply enriching and provided clarity and motivation to each sister.

She conducted a **spiritual conference**, reminding the sisters of the essence of their missionary call, especially in the field of social apostolate. Her message was clear and compelling—calling everyone to a renewed commitment to serve the poor and marginalized with love and fidelity.

She reviewed the convent records and mission documents, offering constructive suggestions to enhance the effectiveness of the apostolate.

Her visit was truly a moment of grace for the Pasara community—leaving the sisters inspired, grateful, and strengthened in their vocation and mission.



Sr. Liza visited the focus village of Pasara community, witnessing firsthand the missionary activities and outreach programs carried out by the sisters. Her presence was a source of encouragement to the villagers and affirmed the importance of grassroots evangelization and social upliftment.

Sr. Solly Thyparambil accompanied Rev. Sr. Liza to visit the evening tuition centre in Pasara. She interacted with the children, and appreciated the efforts of the sisters in providing educational support to the underprivileged students.

She also visited the WAC and YAC groups at Chalcvai Centre, Govindaraopet. She interacted with the members, encouraged their apostolic activities, and motivated them to continue their faith formation and service with enthusiasm.



Friendly visit of Mother Christiene

On 20th February 2025, we warmly welcomed Rev. Sr. Christine Mynsong, our Superior General, with joy and reverence. They expressed their gratitude for her presence, which brought blessings and inspiration to the entire community.



LITTLE FLOWER CONVENT, MULUGU

CANONICAL VISITATION OF REV. SR. DAISY JACOB, DELEGATE OF SUPERIOR GENERAL

Canonical visitation of our Superior General and her team to our Province in the month of February brought about countless blessings to our community as we had the chance of meeting and listening to our Superior General Rev. Sr. Christine Mynsong, Rev. Sr Daisy Jacob our Economer General and Rev. Sr. Lisa Elavunkal our General Councilor for Social Apostolate during their flying, official and flash visit.

Rev. Sr. Daisy Jacob the Economer General did the canonical visitation of our community from 18/02/2025 – 22/02/2025. On her arrival at Kazipet railway station she was received by Sr. Grace Topno and on her reaching the community at 11.25 am, she was given a homily welcome by all of us. At 6 pm we had the first conference followed by prayers and meals. Second day was spend in meeting the sisters and on the third day we had the joy of welcoming Rev. Sr. Christine Mynsong along with Sr. Mary George and Sr. Jessy John, Provincial Councillors for Social Apostolate and Finance. They were given a rousing welcome by our students and teachers. The colourful drill display that followed the welcoming elevated the school campus to a mood of festivity and joy. The dynamic and thematic programmes staged by the students kept the audience spell bound.

Superior General Rev. Sr. Christine Mynsong in addressing students during the programme said that “School is a place for learning, learning for life.” She then told them to love everything and everyone that provide them the space for learning. Rev. Sr Daisy Jacob the Economer General exhorted the students to ask for wisdom to guide their everyday learning in the right way. The rendezvous with teaching and non-teaching staff emphasized on the need to carry out their entrusted responsibilities with much more dedication and commitment.

On the last day of the canonical visitation, our hearts were swelled up with thanksgiving for the person of Sr. Daisy who animated, guided and inspired us through conferences, good night talks, guided meditations and authenticity of life. Her sisterly love and concern and spirit of generosity know no bounds. The gestures of love offered by her were an experience of genuine affection and tender care. Instilling hope and vivacity in our daily voyage towards a holier life and passionate commitment in the service of the Lord, she left for Mariapuram at 8.30 am on 22/02/2025 along with Sr. Lincy Antony.



IBO Olympiad:

E. Avighna of Class III starred as the Mulugu District Topper in Mathematics Olympiad conducted by IBO team at Hyderabad.



7th State level Karate

Five of the Flowerians emerged as Gold and bronze medalists in the 7th State level Karate competition held at Medaram on 2nd March 2025.



MARIA NIVAS, MARIAPURAM

CANONICAL VISITATION OF REV. SR. LISA EDAVUNKAL, DELEGATE OF SUPERIOR GENERAL

Rev. Sr. Liza Elavunkal, General Councillor for Social Apostolate, made her canonical visitation to our community. She was warmly welcomed by the community. She was honoured with a shawl and bouquet in a simple yet heartfelt welcome ceremony.

During her stay, Sr. Liza met each sister individually, offering encouragement, spiritual guidance, and appreciation for their dedicated service. She conducted a community conference that rekindled the missionary spirit and emphasized the values of service and commitment.

She also spent time with the boarding children, interacting with them lovingly and encouraging them to grow in values and discipline. Her presence was a source of joy and inspiration to both the sisters and the children. The visit was truly enriching, leaving the community renewed and strengthened in their mission.



Flying visit of Mother Christine



First Holy Communion:

On 31st January we had the celebration of the feast of Don Bosco, the feast of our parish church dedicated to Don Bosco. On this solemn occasion we had 25 first Holy communicants. Congratulations.



Visit of Sr. Lisa Edavunkal, GC for social apostolate, Sr. MelittSyam and Mary Nemmi PCof Gauhati and Kolkatta visited Inavolu village SHG of Mariapuram area on 22nd January.

Marriage of Ch. Gouthami

Marriage of Ch. Gouthami, one of our Orphan Child brought up our sisters in Mariapuram boarding (WORD), was solemnized on 6th, March with Mr. Bharth Gaud who is a friend and class mate of Gouthami, in Sri Mallikarjuna Gardens, Inavolu, in the presence of MSMHC sisters, friends and benefactors



Women convention at Mariapuram conducted on 21st January 2025.



FERRANDO BHAVAN, NEMMIKAL

CANONICAL VISITATION OF REV. SR. LIZA ELUVANKAL, DELEGATE OF SUPERIOR GENERAL

The canonical visitation of Rev. Sr. Liza Eluvankal, General Councillor for Social Apostolate was a moment of grace and renewal for the community of Ferrando Bhavan, Nemikkal. Her visit from February 10 to 14, 2025, brought joy, encouragement, and a deepened sense of spiritual commitment to our religious and apostolic life.

Sr. Liza was warmly welcomed by the sisters and boarders with a melodious welcome song, a bouquet, and a shawl—an expression of love and unity in the spirit of our Congregation.

In her opening conference, she beautifully reflected on three central themes drawn from our Founder, Venerable Stephen Ferrando:

1. **Spirit of Prayer**—nurturing a profound and daily relationship with God;
2. **Spirit of Sacrifice**—embracing challenges with joy, offering them in union with Christ;
3. **Love for the Apostolate**—carrying out our mission with zeal and love.

During her stay, Sr. Liza had the opportunity to meet Most Rev. Karanam Dhaman Kumar, MSFS, Bishop of Nalgonda, strengthening the bond between the local Church and our community.

She also addressed the school assembly, inspiring the students with the life of St. Dominic Savio, encouraging them to live with purity, wisdom, and kindness. Later, she met the teaching staff and spoke on the Preventive System of Don Bosco, emphasizing presence, compassion, and trust in education. She also highlighted the importance of the Child Protection Policy, underlining our responsibility to ensure a safe and nurturing environment for every child.

In her final conference, Sr. Liza exhorted the sisters to live the motto: "Always more, always better, always in God's love."

As she concluded her visitation on February 14, we thanked God for the enriching days of spiritual renewal and guidance. Her presence left a lasting impact, and we carry her message forward with joy and renewed dedication to our mission.



SHANTHI BHAVAN, VENTRAPRAGADA

CANONICAL VISITATION OF REV. SR. SISILY CHERIAN, DELEGATE OF SUPERIOR GENERAL

Sr. Sisily Cherian, General Councillor for Formation, arrived at Shanthi Bhavan Convent on 20th February. The community warmly welcomed her with flowers and a shawl, feeling honored to receive her guidance and leadership in their spiritual journey.

Sacred Heart E.M. High School, Ventrapragada – 21 February 2025

On 21st February, the Sisters, teachers, and students warmly welcomed Sr. Sisily Cherian with traditional Telugu customs, including anointing with chandan and tilak and a Kolatam dance. Students presented cultural performances, and Sr. Sisily addressed them on the importance of education, values, and spirituality. She later held a staff meeting, sharing valuable insights with the teachers. The event concluded with a photo session.

Meeting with Y.A.C and W.A.C – 22 February 2025

Sr. Sisily Cherian met with the Young Apostles for Catechesis (Y.A.C) members at the school, encouraging them to strengthen the association and spread Christ's message through their activities. Later, the Women Apostles for Catechesis (W.A.C) from Zamidintakurru village warmly welcomed her with traditional honors. Sr. Sisily inspired them with a motivational talk on faith formation and community service, answering their questions and encouraging deeper commitment to their ministry.



YESUNILAYAM, ANANTHAPUR

CANONICAL VISITATION OF SUPERIOR GENERAL

Month of February was a month of great blessings of God for the community at Rapthadu. We the community members celebrated the heartbeat of February especially from 7 th to 10 th with love and gratitude by the very presence of our dear mother Christine Mynsong. The canonical visitation began on 7 th February as our mother arrived in the community accompanied by the provincial Sr.Tessy Joseph and Sr.Assuntha Noronha the vice provincial. The community welcomed them warmly.

The days of the visitation were the moments of blessings, healing and lots of love. Mother encouraged us to move faithfully, enjoy the presence of each other, utilize all opportunities and continue to live happily. On 8 th she visited the shrine at Krishnapuram along with Sr.Pushpa and Sr. Merilish. She was warmly welcomed by the parishioners of Rapthadu and Kothapalli one of the substations. She asked the people to remain n faith and pray for vocations from the parish. On 10 th February our kids in the play school welcomed our mother along with their parents. She was happy and blessed the children to grow higher and higher. The visitation of our mother was indeed THANKFUL, GRATEFUL and BLESSED and event in the community.



ST. MARY'S CONVENT, IRITTY

CANONICAL VISITATION OF REV. SR. KATHERINE JOSEPH, DELEGATE OF SUPERIOR GENERAL

Sr. Katherine Joseph, General Councilor for Education arrived at our campus from Archangels, Kannikalam accompanied by sisters on 5th January 2025 at 01pm for the canonical visitation of our school and convent delegated by Mother General. She was warmly welcomed by the community, accompanied by joyful songs and a beautiful flower bouquet. Her arrival marked the beginning of a significant and fruitful visitation.



During her visitation, she met each sister personally, offering guidance and support that encouraged their spiritual growth. She led inspiring spiritual talks and prayer sessions for both sisters and staff, renewing their dedication to service.

She carefully reviewed all convent and school documents, ensuring proper records and smooth operations. Accompanied by Srs. Annie Perunilam and Mini Varghese, she also visited the Bishop's House in Kannur, where Bishop Rt. Rev. Alex Vadakumthala and Auxiliary Bishop Rt. Rev. Dennis Kuruppaserry praised the sisters' valuable contributions to the church and community.



She met with Fr. Binu Cletus, Parish Priest of Iritty, to discuss the sisters' ongoing work, strengthening ties between the parish and the congregation's schools. She also visited the SMI sisters convent in Iritty.

A meeting with the PTA executive focused on the school's growth and the PTA's role in supporting its continued development through collaboration.



Sr. Katherine led an animation session for the school staff, emphasizing the importance of their role as educators. She reminded the teachers of their profound responsibility in shaping young minds and instilling values beyond academics. The session was well received, and many teachers expressed their appreciation for her inspiring words.



The school gave a grant and solemn welcome to Sr. Katherine. The students and staff greeted her with variety of entertainment programs and assured her their love and affection.



She visited all the classrooms and took the time to interact with the students. Her genuine interest in the students' progress and well-being made a positive impact on everyone. She expressed great happiness with the overall environment and the enthusiasm of the students. She also congratulated and honoured the State Level Champions for their achievements.

The community and the school had the chance of celebrating her birthday. The neighboring communities came together to celebrate her birthday, filled with blessings, prayers, and joy. Sr. Katherine was deeply touched by the love and warmth shown by everyone, making the day memorable for all.

On 12th January, Sr. Katherine departed for Karuvanchal, leaving behind a lasting impact on the community. Her visit was a true blessing, filled with guidance and inspiration. Sr. Katherine Joseph's annual visitation was a great success, enriching the community through her interactions with bishops, staff, students, PTA, and sisters. Her valuable guidance will continue to strengthen our educational and spiritual growth. We sincerely thank her for her dedication and love.



Thank You, Jesus — Grace in Our Midst

A poem of Gratitude

O Jesus, our Shepherd, ever loving and true,
We come before You with hearts bowed in awe anew.
For in the silence of our ordinary days,
You sent us grace in extraordinary ways.
Through Mother Christine and her Councillors seven,
You visited us, like whispers from Heaven.

They came like dawn after a long, quiet night,
Bringing warmth, wisdom, and Spirit's light.
To our eighteen homes, they journeyed with care,
Lifting hearts, breathing hope, through listening and prayer.
O Lord, how gently You walked through our gate—
Through their presence, Your love did radiate.

Each smile they shared, each word that they spoke,
Lit fires of courage where spirits once broke.
They carried Your gaze, Your wounds, and Your grace,
And in their nearness, we saw Your face.
You came not in thunder, nor wind, nor flame,
But in the stillness, softly, You came.

O Jesus, our Master, our Bridegroom, our Friend,
Through their touch, our weariness met its end.
With hearts rekindled, with zeal restored,
We walk once more to serve You, adored.
For the gift of Superiors, both tender and wise,
We lift up our thanks to the Heavens that rise.

Let this memory, Lord, forever remain—
A visitation not in vain.
Write it in our hearts, seal it in our days,
A chapter of grace, a song of praise.
Thank You, dear Jesus, for coming this way—
Through chosen daughters, You brightened our way.



SNEHABHAVAN, KOTTACKAPURAM

CANONICAL VISITATION OF REV. SR. KATHERINE JOSEPH, DELEGATE OF SUPERIOR GENERAL

The canonical visitation of a major superior is always a time of joy and inspiration. Sr. Katherine Joseph, General Councillor for Education, visited us from 17th to 19th February 2025.

Sr. Katherine arrived on the evening of 16th February at 4:30 pm. Unfortunately, the sisters were unable to welcome her immediately due to an emergency, as one of our inmates was seriously ill and admitted to the ICU at Caritas Hospital.

On 17th February, after Mass, Sr. Katherine met our parish priest, Fr. Sony Thekkumuriyil. Later, after breakfast, the community warmly welcomed her with flowers and a shawl. She then met the sisters individually, patiently listening to their experiences and concerns. In the evening, she delivered an inspiring conference, reinforcing the essence of our mission, and ended the day with a heartfelt goodnight message.

On the third day, Sr. Katherine led the community in a meditation session guiding us closer to God. After breakfast, she continued meeting the sisters and later addressed all the inmates in a meaningful conference. In the evening, after adoration, she met with the domestic staff, offering appreciation and valuable insights before concluding the day with her goodnight message.

The fourth day began with a Thanksgiving Mass and meditation. Sr. Katherine spent the day meeting personally with the inmates, offering encouragement and support. In the evening, we gathered for a conference followed by a community evaluation reflecting on our progress and mission. We expressed our gratitude through a vote of thanks and presented a token of love. Afterwards, the house council met to discuss community matters.

Following her engagements, Sr. Katherine, accompanied by Sr. Jiji and Sr. Rakme, visited Sr. Lincy John's home to offer comfort to her mother.

On 21st February, the community held a heartfelt Thanksgiving prayer service. Sr. Katherine expressed her appreciation for the community's way of life before departing for Snehalaya. Her visit was a blessing that left everyone joyful and enriched.



SNEHALAYA HOSTEL, THELLAKOM

CANONICAL VISITATION OF REV. SR. KATHERINE JOSEPH, DELEGATE OF SUPERIOR GENERAL

Rev. Sr. Katherine Joseph, Councillor for Education and delegate of the Superior General, arrived at our community on the evening of 20th February 2025, accompanied by Sr. Jiji Sycian from Kottakkapuram Community. We, the community members—Sr. Ivy Joseph, Sr. Anilla Tigga, Sr. Sini Antony—and Fr. Sebastian, owner of Snehalam Hostel, warmly welcomed her with a welcome song, shawl, and garland. Fr. Sebastian also presented her with a beautiful bouquet.

Sr. Katherine stayed with us from 20th to 23rd February. During this time, she met each of us individually, offering spiritual guidance and support. She conducted community conferences and led two days of meditation and prayer, which deeply enriched our personal and communal spiritual growth. Her advice has been a great source of inspiration for our community.

With grateful hearts, we thanked Sr. Katherine for her presence and guidance. We cherished the time spent together before she departed for Bangalore early on 24th February.



SAGAYA MATHA ILLAM, KARAIKAL

CANONICAL VISITATION REV. SR. MARY THADAVANAL, DELEGATE OF SUPERIOR GENERAL

On 4th January, we joyfully welcomed Rev. Sr. Mary Thadavanal, Assistant General, to the children's home. A person deeply rooted in faith, she brought abundant blessings during her visitation.

Throughout her stay, many visitors from diverse faiths—Hindus, Muslims, and Christians—came seeking prayers and blessings. She also visited 10 local families and even met with the local police.

Sr. Mary Thadavanal met the sisters, leading them in prayer, offering advice and encouragement, and appreciating their dedication. She engaged with the staff and students, urging them to grow into good and responsible individuals.

She thoroughly reviewed files and records, providing valuable suggestions and ideas. Sr. Mary expressed her happiness and appreciation for the sisters and staff, commending their sincere and faithful service to the marginalized and those in need. It was a time of renewal and happiness for all the members.



Divine Favour and Leadership Presence

The year 2025 has been a grace-filled year for Sagaya Matha Illam, Karaikal, marked by the blessings of several visitations from our higher Superiors—an historic moment for our community.

On **3rd January**, we joyfully welcomed Rev. Sr. Provincial Tessy Joseph along with the Provincial Councillors. Their presence brought peace and happiness to our home. Rev. Sr. Provincial Tessy Joseph shared her New Year wishes and message with us.

On **4th January**, the sisters, staff, and students went for a refreshing one-day outing together.

On **14th January**, we celebrated Pongal with various activities such as competitions, Rangoli, drawing and coloring, speeches, singing, dancing, and games. The children were engaged and joyful, and we were glad to welcome many visitors.

On **26th January**, we warmly received Rev. Sr. Liza Elavankal, General Councillor for Social Apostolate, and Rev. Sr. Mary George, Provincial Councillor for Social Apostolate. They spent three days with us, meeting sisters, staff, and students, and carefully verifying files and records, bringing abundant blessings to our home.

On **27th January**, Rev. Sr. Catherine Joseph, General Councillor for Education, visited us. Though brief, her visit was joyful and uplifting as she met sisters, staff, and children, sharing a beautiful message with everyone.

On **2nd February**, with great joy, we welcomed Rev. Sr. Christine Mynsong, Superior General, and the General Councillors. Their presence brought abundant blessings, filling our home with a strong sense of God's love and goodness. We are deeply grateful to God for His grace.

